



## ? English Counselling

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## IX English Counselling

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### 1 Purpose

Based upon personal observation and request from Colleagues, Staff, and Students, started counselling session program at Shizuoka University. The main purpose is to improve communication skills in English Language in Speaking, Listening, and Writing. As more educational programs with increase in foreign students a need for effective communication shall arise. At SUOIC there is no such initiative, hence the counselling session program provide opportunities to everyone to practice the Speaking, Listening, and Writing skills.

### 2 Means

A 30-minute session (wherein the primary issue is of writing, speaking, and listening) is given to each applicant with encouragement and advice to improve their skills. We use voice recorders and video camera to record sessions with the permission of the attendee. The information is later analyzed with the attendee and shared for improvement. The analysis included re-looking at the sessions recorded information and providing the corrections at each step. The sessions have shown the student's initial shyness or embarrassment in front of others, which is the main cause for the inability to perform. Hence, one-on-one sessions is more beneficial to attendee. Because of the sessions, the abrupt shyness decreased and with proper encouragement in the sessions like providing correct pronunciation or proper phrases in written material, many students, staff, and faculty members have shown improvement.

### 3 Result

Many of these students, staff, and faculty members have utilized the sessions and published or presented successfully at international symposiums or journals. Few students have submitted short story describing their experiences in English Language. Further work is ongoing to publish the collection. For 2<sup>nd</sup> semester of 2020 no new students came, instead previous students came many times.

**Table 1: Showing the number of people attending English Counselling Sessions from October 2020- March 2021.**

Under-graduate/ Graduate/staff	Faculty	Number of Students	Comment
2 <sup>nd</sup> year under-graduate student	Sociology	4	Discussion of books, tips for video presentation, Improve the pronunciation, and the way of expressing opinions. Also, learn how to explain and express my opinions logically.
Faculty	Global, SUOIC	2	Publish materials

The experience from providing support in Counselling sessions have proved to be effective. In a one-on-one session, the initial inhibition of the attendee is less, and using tools like a voice recorder or video recording of the presentation with pointers on improvement is productive. Due to on-going COVID-19 pandemic many new students were reluctant to come for sessions, as a result the number of students is less.

#### 4 Future Scope

Further publicity of the counselling sessions is needed at different Faculties so that more people can improve their skills. Based on the response we can extend it as a course available to all at Shizuoka University. Once the COVID-19 pandemic subsides, counselling sessions can be useful to everyone at Shizuoka University.