

Loneliness and Interpersonal Trust in High-School and University Students

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The main purpose of this study was to examine the relationships between loneliness and various aspects of interpersonal trust. The UCLA Loneliness Scale (Russell *et al.*, 1980), the Interpersonal Trust Scale (Rotter, 1967), and other scales for trust in significant others were administered to high-school and university students ($N=351$).

The following results were obtained:

- 1) Only for males, loneliness scores were negatively correlated with interpersonal trust scores.
- 2) Results of several multiple regression analyses suggested that the trust in close friends of the same sex was a powerful predictor of loneliness in males.