

1       **Short-chain Inulin-like Fructans Reduce Endotoxin and**  
2       **Bacterial Translocations and Attenuate the Development of**  
3               **TNBS-induced Colitis in Rats**

4  
5       Hiroyuki Ito, M.S.<sup>1</sup>, Hiroki Tanabe, Ph.D.<sup>2</sup>, Hirokazu Kawakishi,  
6       Ph.D.<sup>1</sup>, Wada Tadashi, Ph.D.<sup>3</sup>, Tomono Yasuhiko, Ph.D.<sup>3</sup>, Kimio  
7               Sugiyama, Ph.D.<sup>2</sup>, Shuhachi Kiriya, Ph.D.<sup>4</sup>  
8                               and Tatsuya Morita, Ph.D.<sup>2\*</sup>

9       <sup>1</sup>Graduate School of Science and Technology, Shizuoka  
10       University, Shizuoka 422-8529, Japan

11       <sup>2</sup>Department of Applied Biological Chemistry, Faculty of  
12       Agriculture, Shizuoka University, 836 Ohya, Shizuoka  
13       422-8529, Japan

14       <sup>3</sup>Fuji Nihon Seito Corporation, 1-4-10 Seikai, Shizuoka  
15       424-8737, Japan.

16       <sup>4</sup>Faculty of Nutritional Sciences, University of Shizuoka, 52-1  
17       Yada, Shizuoka 422-8526, Japan

18  
19       \*For correspondence at: Department of Applied Biological  
20       Chemistry, Faculty of Agriculture, Shizuoka University, 836  
21       Ohya, Shizuoka 422-8529, Japan; Telephone/Fax:  
22       81-54-238-5132

23       E-mail:       actmori@agr.shizuoka.ac.jp

24  
25       Running head: short-chain fructans and colitis

1 **Abstract**

2 Anti-inflammatory effects of short-chain inulin-like fructans  
3 (SCF) on trinitrobenzene sulfonic acid (TNBS)-induced colitis  
4 were investigated in rats, focusing specifically on endotoxin  
5 and bacterial translocations. SCF with degrees of  
6 polymerization (DP) of 4 and 8 were used. Rats were fed either  
7 control diet or diets including 60 g of DP4 or DP8/kg for 7 d,  
8 and then received intracolonic TNBS and were fed the  
9 respective diets for a further 10 d. DP4 and DP8 significantly  
10 reduced colonic injuries as assessed by damage score, but the  
11 reduction of colonic myeloperoxidase activity was manifest  
12 solely in DP8. At 3 d after colitis induction, bacterial  
13 translocation to the mesenteric lymph node was significantly  
14 lower in the DP4 and DP8 groups, but a significant reduction in  
15 the portal endotoxin concentration was achieved solely in the  
16 DP8 group. Immediately prior to colitis induction, cecal  
17 immunoglobulin A and mucin concentrations were higher in the  
18 DP4 and DP8 groups, but these changes were abolished at 10d  
19 post-colitis induction. The data suggest that SCF exert  
20 prophylactic effects against TNBS colitis, presumably as a  
21 result of inhibitory effects on endotoxin and bacterial  
22 translocations.

23  
24 **KEY WORDS:** short-chain fructans; endotoxin; bacterial  
25 translocation; mucin; colitis.

## 1 **Introduction**

2 Short-chain inulin-like fructans (SCF) have been identified as a  
3 potential treatment strategy for inflammatory bowel disease,  
4 with successful outcomes in trinitrobenzene sulfonic acid  
5 (TNBS)-induced colitis in rats [1, 2]. The mechanism involved  
6 in the anti-inflammatory action of these oligosaccharides are  
7 considered to have some general properties such as selective  
8 stimulation of lactobacilli and bifidobacteria, reduction of  
9 colonic pH, and the maintenance of mucosal integrity due to  
10 augmentation of cecal short-chain fatty acid (SCFA) production.  
11 However, the precise mechanism has not yet been fully  
12 elucidated.

13  
14 Colitis, induced by intracolonic administration of TNBS in a  
15 vehicle of ethanol, is in part due to the caustic properties of this  
16 mixture, followed by exposure of the underlying lamina propria  
17 to bacterial components. The colitis is also partly due to the  
18 induction of an IL-12-driven inflammation with a Th1-mediated  
19 response to TNBS-modified proteins [3, 4, 5]. In rats, however,  
20 the inflammation pattern of the acute phase of colitis, at 1 to 2  
21 wk after TNBS administration, has been shown to resemble  
22 non-specific colitis induced by intracolonic acetic acid  
23 administration [5, 6, 7]. Previous studies have shown that the  
24 severity of the acute phase of TNBS colitis is correlated with  
25 the concentration of systemic endotoxin as well as the extent of

1 bacterial translocation [8, 9]. Therefore, insofar as the acute  
2 phase of colitis is concerned, reinforcement of mucosal barrier  
3 function, including a reduction in colonic endotoxin  
4 concentration, may be an important factor in the protection  
5 against TNBS-induced colitis.

6  
7 Previously, we examined cecal amounts of IgA and mucin in  
8 rats fed inulin-like fructans with different degrees of  
9 polymerization (DP) (average DP; 4, 8, 16, and 23). The results  
10 indicated that while cecal mucin was likely to respond to cecal  
11 SCFA, IgA increased when both fermentation occurred rapidly  
12 and lactate was a major fermentation product [10].

13 Consequently, the cecal concentration of mucin increased  
14 significantly in rats fed fructans with DP8, 16 and 23, whereas  
15 IgA was higher in rats fed those with DP4 and 8 [10]. With  
16 regard to the anti-inflammatory action against the acute phase  
17 of the TNBS-induced colitis model, both luminal mucin and IgA  
18 may play an important role in the protection against penetration  
19 of luminal bacteria and endotoxin, presumably by limiting their  
20 motility or access to the epithelial surface [11]. It is also  
21 possible that the mucus layer serves as a binding site for  
22 immunoglobulins, particularly for secretory IgA, and works in  
23 cooperation with IgA [12]. In this regard, we hypothesize that  
24 DP8 fructan, which has the potential to increase both luminal  
25 mucin and IgA, might be a good candidate for the reinforcement

1 of the mucosal barrier, thereby protecting against bacterial and  
2 endotoxin translocations.

3  
4 In previous studies that examined the effects of prebiotics,  
5 including dietary fibers, the majority used the acute phase of  
6 TNBS colitis in their evaluations [1, 2, 13]. However, limited  
7 data are available in regards to the role of mucin and IgA in the  
8 protection against endotoxin and bacterial translocations. The  
9 purpose of the present study was to examine whether DP8  
10 fructan reduces endotoxin and bacterial translocations and  
11 exerts a prophylactic effect on the acute phase of TNBS colitis  
12 in rats. The effects of DP8 were compared to an established  
13 positive reference in this model, DP4, which is virtually the  
14 same as fructooligosaccharides (FOS) [1, 2].

15

16

## 17 **Methods**

### 18 *Materials*

19 Inulin-like fructan, with an average degree of polymerization of  
20 8 (DP8; range of DP, 5-13), was prepared by enzymatic synthesis  
21 using a novel fungal enzyme,  $\beta$ -fructosidase, from *Bacillus sp.*  
22 217C-11 as described previously [14]. Fructooligosaccharides  
23 (DP4; average DP, 4) were purchased from Meiji Seika  
24 (Meiologo<sup>®</sup> P, Tokyo, Japan). The composition of FOS was 44%  
25 1-kestose, 46% nystose, and 10% 1-f- $\beta$ -fructofuranosyl nystose.

1 ***Animal care***

2 Male F344 rats were purchased from Shizuoka Laboratory  
3 Animal Center (Hamamatsu, Japan). They were individually  
4 housed in screen-bottomed stainless steel cages in a  
5 temperature- (23 ± 2°C) and light- (lights on from 8:00 to  
6 20:00) controlled room. For the purposes of adaptation, rats  
7 were fed a control diet for at least 3 d. This diet [15] was  
8 formulated from 250 g/kg casein, 652.25 g/kg cornstarch and  
9 50g/kg corn oil. The remainder of the diet consisted of vitamins  
10 and minerals [15]. The rats were then divided into groups based  
11 on body weight and allowed free access to experimental diets  
12 and water. Body weight and food intake were recorded each  
13 morning before replenishing the diet. The study was approved  
14 by the Animal Use Committee of Shizuoka University, and the  
15 animals were maintained in accordance with the guidelines for  
16 the care and use of laboratory animals, Shizuoka University.

17

18 ***Time course studies on portal endotoxin concentration and***  
19 ***bacterial translocation to the mesenteric lymph nodes (MLN)***  
20 ***post-TNBS administration (preliminary study)***

21 Thirty rats weighing 154 to 175 g (8 wks old) were used. All  
22 rats were fed the control diet throughout the experiment. After  
23 being fed control diet for 7 d, the rats were lightly anesthetized  
24 with diethyl ether and then treated with an intracolonic  
25 injection of 20% glycerin solution (0.2 ml/rat) using a

1 lubricated polypropylene catheter (diameter 1.5 mm) inserted 8  
2 cm into the colon via the anus. Preliminary results indicated  
3 that this treatment was useful for removing the colonic contents.  
4 Usually, defecation was completed within 15 min, and the colon  
5 was kept empty for at least 60 min after treatment. At 60 min  
6 after administration of the glycerin solution, the rats were  
7 anesthetized with diethyl ether and given 30 mg of TNBS  
8 (dissolved in 0.25 ml of 50% ethanol (v/v)) via polypropylene  
9 catheter, as described above, inserted 8 cm through the anus.  
10 After instillation, the rats were kept in a vertical position for 30  
11 s and returned to their cages. At 1 and 6 h and 1, 3 and 7 d after  
12 instillation, the rats were anesthetized with diethyl ether and  
13 underwent laparotomy under aseptic conditions. Portal blood  
14 (300  $\mu$ l) was collected with a heparinized syringe. Following  
15 centrifugation at 2000  $\times$  g for 10 min, plasma was obtained and  
16 used for endotoxin measurement. Mesenteric lymph nodes were  
17 also collected from the ileo-cecal junction at 1, 3 and 7 d after  
18 instillation and used for bacterial translocation assessment.

19 ***Cecal fermentation, mucin and IgA in rats fed the respective***  
20 ***diets pre-TNBS administration (experiment 1)***

21 Twenty-four rats weighing 148 to 169 g (8 wk old) were  
22 acclimatized, then divided into 3 groups of 8 rats and allowed  
23 free access to control or experimental diet (60 g of DP4 or  
24 DP8/kg). Each of the test materials was substituted with the  
25 same amount of cornstarch as in the control diet. After being

1 fed the respective diets for 7 d, the rats were anesthetized with  
2 diethyl ether, and the cecum excised. The cecal contents were  
3 removed, weighed and divided into two portions. One was  
4 freeze-dried and used for mucin analysis, and the other was  
5 used for the measurement of pH, organic acids and IgA.

6 ***Protective effects of DP4 and DP8 ingestion against***  
7 ***TNBS-induced colitis (experiment 2)***

8 Forty-two rats weighting 149 to 177 g (8 wks old) were  
9 acclimatized, then divided into 3 groups of 14 rats and allowed  
10 free access to the same experimental diets as in experiment 1.  
11 After being fed the respective diets for 7 d, the rats were  
12 administrated 20% glycerin, followed by TNBS/50% ethanol in  
13 the same manner as in the preliminary experiment. At 3 d after  
14 instillation, 6 rats from each group were anesthetized with  
15 diethyl ether, and portal blood and MLN were collected in the  
16 same manner as in the preliminary experiment. The remaining 8  
17 rats from each group continued to be fed the respective diets for  
18 10 d after colitis induction. Feces were collected during the last  
19 3 d. The fecal samples were prepared in the same manner as  
20 cecal contents and used for the analysis of mucin and IgA. At  
21 the end of the test period, the rats were anesthetized with  
22 diethyl ether, and the cecum and colon were excised. The cecal  
23 contents were handled in the same manner as experiment 1. The  
24 colon was cut open longitudinally and the colonic contents were  
25 removed. The colon was then weighed, length measured and



1 scored for macroscopically visible damage on a 0-10 scale by  
2 two observers unaware of the treatment, according to the  
3 criteria described by Bell et al. [16] (Table 1). The respective  
4 whole colon specimens were divided longitudinally into two  
5 fragments. One fragment was stored at -80°C pending  
6 measurement of myeloperoxidase (MPO) activity, and the other  
7 fragment was fixed with 10% neutral buffered formalin and  
8 embedded in paraffin. The sections embedded in paraffin were  
9 cut at 4 µm and stained with periodic acid-Schiff.

10

### 11 ***Portal endotoxin***

12 Portal endotoxin was determined by the limulus amoebocyte  
13 lysate test [17], which involves a turbidimetric time assay at  
14 450 nm with a toxinometer ET-2000 (Wako Pure Chemicals,  
15 Osaka, Japan). The plasma sample was diluted ten-fold with  
16 sterile water for injection (Otsuka Pharmaceutical Factory, Inc.,  
17 Tokushima, Japan) and heated at 80°C for 5 min to deactivate  
18 the lipopolysaccharide binding protein. The sample was then  
19 mixed with limulus reagent (Wako Pure Chemicals, Osaka,  
20 Japan) and applied to toxinometer analysis. Endotoxin prepared  
21 from *Escherichia coli* O113:H10 (Wako Pure Chemicals, Osaka,  
22 Japan) was used as the standard.

### 23 ***Bacterial translocation to MLN***

24 MLNs were minced and homogenized in 0.5 mL of sterile Brain  
25 Heart Infusion (BHI) broth (Wako Pure Chemicals, Osaka,

1 Japan) by a hand-operated Polytron homogenizer. The  
2 homogenate (0.1 mL) was inoculated onto BHI agar plates  
3 (Wako Pure Chemicals, Osaka, Japan), which were subsequently  
4 incubated under either aerobic or anaerobic conditions at 37°C  
5 for 72 h. Duplicate assay was conducted. After incubation,  
6 colonies were counted and the microorganisms were quantified  
7 as colony forming units per gram ( $\log_{10}$ CFU/g).

#### 8 *Cecal pH and organic acids*

9 After the cecal contents were homogenized, a portion of the  
10 homogenate was diluted with an equal weight of distilled water,  
11 and cecal pH was measured with a compact pH meter (Model  
12 C-1, Horiba, Tokyo, Japan). Cecal organic acids were measured  
13 by the internal standard method [18] using HPLC (LC-10A,  
14 Shimadzu, Kyoto, Japan) equipped with a Shim-pack SCR-102H  
15 column (8 mm i.d. × 30 cm long, Shimadzu) and an  
16 electroconductivity detector (CDD-6A, Shimadzu).

#### 17 *Secretory IgA*

18 Cecal IgA was determined by enzyme-linked immunosorbent  
19 assay using Nunc-Immuno plates (MaxiSorb F96) and a slight  
20 modification [19] of the method described by Grewal et al [20].  
21 Assays were conducted in duplicate.

#### 22 *O-linked oligosaccharide chains*

23 Mucins were extracted by the method of Bovee-Oudenhoven et al.  
24 [21] with some modifications [22]. O-linked oligosaccharide  
25 chains were determined as a mucin marker. After an appropriate

1 dilution of the mucin fraction, *O*-linked oligosaccharide chains  
2 were measured using a fluorimetric assay [23] that discriminated  
3 *O*-linked glycoproteins (mucin) from *N*-linked glycoproteins, as  
4 described by Bovee-Oudenhoven et al. [21]. Standard solutions  
5 of *N*-acetylgalactosamine (Sigma, St. Louis, MO, USA) were  
6 used to calculate the quantity of oligosaccharide chains liberated  
7 from mucins during the procedure.

### 8 *Myeloperoxidase activity*

9 Myeloperoxidase activity was determined by the method of  
10 Bradley et al. [24]. Briefly, the colon was minced and  
11 homogenized in 50 mmol/l potassium phosphate buffer (pH 6.0)  
12 containing 0.5% hexadecyltrimethylammoniumbromide  
13 (SIGMA, St Louis, MO, USA) by a polytron homogenizer.  
14 Homogenate was subjected to three cycle of freeze-thawing and  
15 sonication, and centrifuged at  $20,000 \times g$  for 30 min. The  
16 supernatant was used to determine MPO activity utilizing  
17 0.0005% hydrogen peroxide as a substrate for the MPO. A unit  
18 of MPO activity was defined as that converting 1  $\mu\text{mol}$  of  
19 hydrogen peroxide to water per 1 min at 25°C.

### 20 *Statistical analyses*

21 Data were analyzed by one-way analysis of variance (ANOVA),  
22 and significant differences among means were separated by the  
23 Tukey-Kramer test. When variances were not homogeneous by  
24 the Bartlett test [25], data were transformed logarithmically and

1 then analyzed by ANOVA followed by multiple comparisons, or  
2 analyzed by the Steel-Dwass test. Normally, results were  
3 expressed as means with SEM, otherwise as median and range for  
4 non-parametric data, and all statements of significant differences  
5 reflected the 5% level of probability. The Tukey-Kramer test and  
6 the Bartlett test were performed using StatView 5.0 computer  
7 software (SAS Institute, Cary, N.C., U.S.A.), and the  
8 Steel-Dwass test and linear regression analyses were performed  
9 using Excel Statistics program (version 6.0; Esumi, Tokyo,  
10 Japan).

11

12

## 13 **Results**

### 14 *Portal endotoxin and bacterial translocation post-TNBS* 15 *administration (preliminary experiment)*

16 Before TNBS administration, the average body weight of rats  
17 was  $185 \pm 2$ . After TNBS administration, food intake and body  
18 weight decreased sharply for the first 3d and then gradually  
19 recovered in the following days (data not shown). Portal  
20 endotoxin was detected beginning at 1 h after TNBS  
21 administration, reached maximum at d 3, and then decreased at  
22 d 7. Bacterial counts in MLN reached maximum at d 3, and this  
23 level persisted at d 7 (**Figure 1**).

24

### 25 *Cecal fermentation, mucin and IgA pre-TNBS administration*

1 *(experiment 1)*

2 Food intake and body weight gain were significantly lower in  
3 rats fed the DP4 and DP8 diets than in those fed the control diet,  
4 however, no significant differences were detected between the  
5 DP4 and DP8 diet-fed groups. The weights of cecal tissue and  
6 cecal contents in rats fed the DP4 and DP8 diets were  
7 significantly higher than in those fed the control diet. Cecal pH  
8 declined significantly in the DP4 and DP8 diet-fed groups  
9 (**Table 2**). The cecal concentrations of propionate, butyrate and  
10 lactate differed among the groups. Propionate and butyrate  
11 concentrations were higher in rats fed the DP4 and DP8 diets,  
12 respectively. Cecal concentration of mucin was highest in the  
13 DP8, intermediate in the DP4, and lowest in the control diet-fed  
14 groups. Cecal concentration of IgA in rats fed the DP4 and DP8  
15 diets was significantly higher than in those fed the control diets,  
16 however, there were no differences detected between the DP4  
17 and DP8 diet-fed groups (**Table 2**). Linear regression analysis  
18 showed that the cecal concentrations of mucin and IgA were  
19 significantly correlated with the cecal concentrations of  
20 butyrate ( $r=0.57$ ,  $P=0.004$ ) and lactate ( $r=0.57$ ,  $P=0.003$ ),  
21 respectively. No other correlations among the cecal  
22 concentrations of organic acid, mucin and IgA were significant  
23 (data not shown) in the present study.

24 *Protective effects of DP4 and DP8 ingestion against*  
25 *TNBS-induced colitis (experiment 2)*

1 Prior to TNBS administration, daily food intake and body  
2 weight were significantly lower in rats fed the DP4 and DP8  
3 diets than in those fed the control diet, however, no differences  
4 were detected between the DP4 and DP8 diet-fed groups  
5 (**Figure 2-a, b**). Post-TNBS administration, food intake and  
6 body weight in all dietary groups decreased drastically for the  
7 first 3 d, and then gradually recovered in the following days.  
8 From d5 to d10 after TNBS administration, food intake in rats  
9 fed the DP4 and DP8 diets was significantly greater than in  
10 those fed the control diet, and this difference was reflected in  
11 the recovery rate of body weight gain among the groups (**Figure**  
12 **2-a, b**).

13 At d 3 post-TNBS administration, portal endotoxin was detected  
14 in all rats (6/ 6 rats) fed control diet and showed an average  
15 concentration of  $6.9 \pm 0.9$  pg/ml. However, the detection ratio in  
16 rats fed DP4 and DP8 diets was reduced to 4/6 and 1/6,  
17 respectively. Further, portal endotoxin concentration in rats fed  
18 DP8 diet was significantly lower than in those fed the control and  
19 DP4 diets (**Figure 3-a**). Bacterial translocation into the MLN in  
20 rats fed DP4 and DP8 diets was significantly reduced by 70% as  
21 compared to that in rats fed control diet. (**Figure 3-b**).

22 At autopsy, the colonic mucosa in rats fed the control diet was  
23 severely inflamed, as indicated by the macroscopic damage  
24 score, relative colon weight and colonic MPO activity.

25 Compared with the control group, a significant reduction in the

1 macroscopic damage score and relative colon weight was  
2 observed in the DP4 and DP8 groups, while MPO activity was  
3 significantly decreased solely in the DP8 group (**Figure 4-a, b,**  
4 **c**).  
5 Even after TNBS administration, the weights of cecal tissue and  
6 cecal contents in rats fed the DP4 and DP8 diets were  
7 significantly higher than in those fed the control diet. A weak but  
8 significant decline of cecal pH was observed in the DP4 and DP8  
9 diet-fed groups (**Table 3**). However, in contrast to the findings  
10 obtained with rats before TNBS administration, cecal  
11 concentrations of organic acids, mucin and IgA were comparable  
12 among the groups. Fecal IgA concentration also did not differ  
13 among the groups, but fecal mucin in rats fed the DP8 diet was  
14 significantly greater than in those fed the control diet (**Table 3**).  
15 The histological appearance of inflammatory lesions showed  
16 that as well as an intensive infiltration of granulocytes into the  
17 mucosal tissue, loss of goblet cells was manifest in rats fed the  
18 control diet. Compared with those fed control diet, the mucosal  
19 integrity was apparent from the morphological features of  
20 goblet cells in rats fed DP4 and DP8 diets (**Figure 5-a, b, c**).

21

22

## 23 **Discussion**

24 As expected from the previous study [10], prior to induction of  
25 colitis, cecal concentration of mucin was highest in the DP8,

1 intermediate in the DP4, and lowest in the control diet-fed groups,  
2 whereas those of IgA in rats fed either DP4 or DP8 diet were  
3 elevated to an equal extent compared to those fed the control  
4 diet (**Table 2**). Pretreatment with DP4 or DP8, initiated 7 d  
5 prior to TNBS administration, reduced colonic inflammation at  
6 10d post-TNBS administration, as assessed by the macroscopic  
7 damage score, relative colon weight and colonic MPO activity  
8 (a marker of neutrophil infiltration) (**Figure 4**). Furthermore,  
9 bacterial translocation to the MLN at 3d post-colitis induction  
10 was significantly reduced in rats fed either the DP4 or DP8 diet  
11 as compared to those fed the control diet, whereas a significant  
12 reduction in the portal endotoxin concentration was observed  
13 only in rats fed the DP8 diet (**Figure 3**). To our knowledge, this  
14 is the first time that the ingestion of SCF reduced the systemic  
15 endotoxin concentration in TNBS-colitis rats.

16

17 It has been shown that TNBS itself deteriorates mucosal barrier  
18 function by interacting with surface-active phospholipids of the  
19 colonic mucosa [3]. Shortly after intracolonic administration,  
20 TNBS reduces surface hydrophobicity and increases tissue  
21 susceptibility to bacteria and endotoxin, leading to an  
22 inflammatory cascade, including the release of inflammatory  
23 cytokines such as IL-1 $\beta$ , IL-6, and TNF- $\alpha$  [6, 9]. The present  
24 results, in this model, are largely in accordance with the  
25 findings of Gardiner et al. [8], reporting that the severity of



1 acute phase inflammation in TNBS colitis was correlated with  
2 the degree of bacterial translocation and the concentration of  
3 systemic endotoxin. In fact, the ingestion of DP8, which  
4 dramatically reduced the portal endotoxin concentration, as  
5 well as bacterial translocation to the MLN (**Figure 3**), showed  
6 the strongest inhibitory effects on the induction of colonic MPO  
7 activities (**Figure 4-C**). The precise mechanism by which DP8  
8 ingestion reduced portal endotoxin concentration is not fully  
9 elucidated. However, Enss et al. [26] showed that mucins  
10 attached to the epithelial surface, as well as mixed to luminal  
11 contents, possessed a binding capacity for *E. coli* that may act  
12 as an endotoxin reservoir. Because the cecal mucin  
13 concentration immediately prior to TNBS administration was  
14 highest in rats fed DP8 diet (**Table 2**), it is possible to assume  
15 that the increased concentration of cecal mucin could be  
16 responsible for decreasing the permeability to endotoxin.  
17 Another possible explanation may exist in the lactic  
18 acid-bacteria inducing property of SCF [27, 28]. Bifidobacteria  
19 have been shown to reduce intestinal endotoxin levels [29, 30],  
20 while it has been suggested that lactobacilli possess the  
21 potential ability to bind endotoxin [31]. It is also reasonable to  
22 assume that higher concentrations of the cecal IgA in rats fed  
23 the DP4 and DP8 diets may cooperate with luminal mucin and  
24 contribute to protect the bacterial translocation to MLN (12).

25

1 Interestingly, at 10 d post-TNBS administration, the beneficial  
2 effects of DP4 and DP8 on cecal SCFA, lactate, pH, mucin and  
3 IgA were totally abolished, and there were no differences in  
4 these variables among the groups. There is a number of  
5 evidence that induction of colitis by this method is associated  
6 with a significant increase in the number of aerobic  
7 Gram-negative bacilli in the large bowel (32, 33). This might  
8 affect the fermentation pattern of SCF and lead the decreased  
9 concentrations of cecal SCFA, mucin, and IgA. Our results  
10 differ from those of Cherbut et al. [1], showing lower pH, and  
11 higher lactate and butyrate in rats fed FOS (virtually the same  
12 as DP4) at 7 d post-TNBS administration. The reason for this  
13 remains unclear, but could be partly explained by differences in  
14 the DP4 treatment method (i.e., dietary inclusion in the present  
15 study or intragastric infusion) [1]. Nevertheless, the lack of  
16 beneficial effects on cecal variables post-TNBS administration  
17 suggests that the anti-inflammatory effects of DP4 and 8 might  
18 be exerted through a shield-like effect against endotoxin and  
19 bacterial translocations at the very early stage of TNBS colitis,  
20 leading to reduced colonic damage at 10 d post-TNBS  
21 administration. Consequently, at least under the present  
22 experimental condition, the anti-inflammatory effects of SCF  
23 are likely to be prophylactic.

24

25 Generally, two mechanisms have been considered in explaining

1 the beneficial effects of SCF on colonic inflammation: changes  
2 in the intestinal microflora, which stimulate selective growth of  
3 lactic acid-bacteria, and an increase in colonic SCFA  
4 concentration [1, 2, 34]. In this regard, Cherbut et al. [1]  
5 suggested that the capacity of FOS to increase lactobacilli  
6 counts was the main mechanism explaining its  
7 anti-inflammatory effect, rather than the increment in SCFA  
8 production. Indeed, lactic acid-bacteria evoke a local immune  
9 stimulus to increase the levels of luminal secretory IgA [10, 35]  
10 and anti-inflammatory cytokine, like IL-10 [36]. Furthermore,  
11 the selective growth of lactic acid-bacteria could reduce the  
12 number of Gram-negative bacilli that may serve as an endotoxin  
13 reservoir, as discussed above. While, the present results suggest  
14 that the protective effects against endotoxin influx by DP8  
15 ingestion are likely to be largely dependent on the  
16 SCFA-stimulated increases in cecal mucin secretion  
17 (particularly butyrate) [32, 37, 38]. In fact, cecal mucin  
18 concentration in rats fed the control, DP4 and DP8 diets was  
19 significantly correlated with cecal butyrate concentration  
20 (Table 2). Therefore, it is possible to consider that an increase  
21 in colonic butyrate may also be necessary for the  
22 anti-inflammatory effects of SCF.

23

24 In conclusion, both the SCF of DP8 and DP4 exerted a  
25 prophylactic effect on the acute phase of TNBS-induced colitis

1 in rats, possibly through reduction of bacterial and endotoxin  
2 translocations to the MLN. Compared with DP4, the greater  
3 inhibitory effect of DP8 on endotoxin influx from the intestine  
4 might be linked to the greater anti-inflammatory effects of DP8,  
5 presumably as a result of a greater concentration of cecal  
6 mucin.

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25 **References**

- 1 1. Cherbut C, Michel C, Lecannu G (2003) The prebiotic  
2 characteristics of fructooligosaccharides are necessary for  
3 reduction of TNBS-induced colitis in rats. *J Nutr* 133: 21-27
- 4 2. Lara-Villoslada F, de Haro O, Camuesco D, Comalada M,  
5 Zarzuelo A, Xaus J, Galvez J (2006) Short-chain  
6 fructooligosaccharides, in spite of being fermented in the  
7 upper part of the large intestine, have anti-inflammatory  
8 activity in the TNBS model of colitis. *Eur J Nutr* 45:  
9 418-425
- 10 3. Tatsumi Y, Lichtenberger LM (1996) Molecular association  
11 of trinitrobenzenesulfonic acid and surface phospholipids in  
12 the development of colitis in rats. *Gastroenterology* 110:  
13 780-789
- 14 4. Neurath MF, Fuss I, Kelsall BL, Stuber E, Strober W (1995)  
15 Antibodies to interleukin 12 abrogate established  
16 experimental colitis in mice. *J Exp Med* 182: 1281-1290
- 17 5. Gardiner KR, Rowlands BJ, Barbul A (1995) Colitis and  
18 colonic mucosal barrier dysfunction. *Gut* 37: 530-535
- 19 6. Sun FF, Lai P-S, Yue G, Yin K, Nagele RG, Tong DM,  
20 Krzesicki RF, Chin JE, Wong PY-K (2001) Pattern of  
21 cytokine and adhesion molecule mRNA in hapten-induced  
22 relapsing colon inflammation in the rats. *Inflammation* 25:  
23 33-45
- 24 7. Wallace JL, Mcknight W, Asfaha S, Liu DY (1998)  
25 Reduction of acute and reactivated colitis in rats by an

- 1 inhibitor of neutrophil activation. Am J Physiol 274:  
2 G802-G808
- 3 8. Gardiner KR, Erwin PJ, Anderson NH, Barr JG, Halliday  
4 MI, Rowlands BJ (1993) Colonic bacteria and bacterial  
5 translocation in experimental colitis. Br J Surg 80: 512-516
- 6 9. Neilly PJD, Gardiner KR, Kirk SJ, Jennings G, Anderson  
7 NH, Elia M, Rowlands BJ (1995) Endotoxaemia and  
8 cytokine production in experimental colitis. Br J Surg 82:  
9 1479-1482
- 10 10. Ito H, Wada T, Ohguchi M, Sugiyama K, Kiriya S, Morita  
11 T (2008) The degree of polymerization of inulin-like  
12 fructans affects cecal mucin and immunoglobulin A in rats. J  
13 Food Sci 73: 36-41
- 14 11. Deplancke B, Gaskins HR (2001) Microbial modulation of  
15 innate defense: goblet cells and the intestinal mucus layer.  
16 Am J Clin Nutr 73: 1131S-1141S
- 17 12. Mayer L (2003) Mucosal immunity. Pediatrics 111:  
18 1595-1600
- 19 13. Rodriguez-Cabezas ME, Galvez J, Lorente MD, Concha A,  
20 Camuesco D, Azzouz S, Osuna A, Redondo L, Zarzuelo A  
21 (2002) Dietary fiber down-regulates colonic tumor necrosis  
22 factor  $\alpha$  and nitric oxide production in  
23 trinitrobenzenesulfonic acid-induced colitic rats. J Nutr  
24 132: 3263-3271
- 25 14. Wada T, Ohguchi M, Iwai Y (2003) A novel enzyme of

- 1 Bacillus sp. 217C-11 that produces inulin from sucrose.  
2 Biosci Biotechnol Biochem 67(6):1327-34
- 3 15. Morita T, Kasaoka S, Ohhashi A, Ikai M, Numasaki Y,  
4 Kiriyaama S (1998) Resistant proteins alter cecal short-chain  
5 fatty acid profiles in rats fed high amylose cornstarch. J  
6 Nutr 128(7):1156-64
- 7 16. Bell CJ, Gall DG, Wallace IL (1995) Disruption of colonic  
8 electrolyte transport in experimental colitis. Am J Physiol  
9 268: G622-G630
- 10 17. Levin J, Bang F.B. (1968) Clottable protein in Limulus: its  
11 localization and kinetics of its coagulation by endotoxin.  
12 Thromb Diath Haemorrh 19: 186-197
- 13 18. Morita T, Kasaoka S, Hase K, Kiriyaama S (1999) Psyllium  
14 shifts the fermentation site of high amylose cornstarch  
15 toward the distal colon and increases fecal butyrate  
16 concentration in rats. J Nutr 129: 2081-2087
- 17 19. Morita T, Tanabe H, Sugiyama K, Kasaoka S, Kiriyaama S  
18 (2004) Dietary resistant starch alters the characteristics of  
19 colonic mucosa and exerts a protective effect on  
20 trinitrobenzene sulfonic acid-induced colitis in rats. Biosci  
21 Biotechnol Biochem 68(10):2155-2164
- 22 20. Grewal HM, Hemming Karlsen T, Vetvik H, Ahr C,  
23 Gjessing HK, Sommerfelt H, Haneberg B (2000)  
24 Measurement of specific IgA in faecal extracts and  
25 intestinal lavage fluid for monitoring of mucosal immune

- 1 responses. J Immunol Methods 239: 53-62
- 2 21. Bovee-Oudenhoven IM, Termont DS, Heidt PJ, Van der  
3 Meer R (1997) Increasing the intestinal resistance of rats to  
4 the invasive pathogen *Salmonella enteritidis*: additive  
5 effects of dietary lactulose and calcium. Gut 40(4): 497-504
- 6 22. Tanabe H, Sugiyama K, Matsuda T, Kiriya S, Morita T  
7 (2005) Small intestinal mucins are secreted in proportion to  
8 the settling volume in water of dietary indigestible  
9 components in rats. J Nutr 135: 2431-2437
- 10 23. Crowther RS, Wetmore RF (1987) Fluorometric assay of  
11 O-linked glycoproteins by reaction with 2-cyanoacetamide.  
12 Analytical Biochem 163(1):170-174
- 13 24. Bradley PP, Priebat DA, Christensen RD, Rothstein G  
14 (1982) Measurement of cutaneous inflammation: estimation  
15 of neutrophil content with an enzyme marker. J Invest  
16 Dermatol 78: 206-209
- 17 25. Zar, J.H., *Biostatistical Analysis*, 2nd ed. Prentice-Hall,  
18 Englewood Cliffs, NJ. 1984
- 19 26. Enss ML, Muller H, Schmidt-Wittig U, Kownatzki R,  
20 Coenen M, Hedrich HJ (1996) Effects of perorally applied  
21 endotoxin on colonic mucins of germfree rats. Scand J  
22 Gastroenterol 31: 868-874
- 23 27. Kleessen B, Hartmann L, Blaut M (2001) Oligofructose and  
24 long-chain inulin: influence on the gut microbial ecology of  
25 rats associated with a human faecal flora. Br J Nutr



- 1 86(2): 291-300
- 2 28. Le Blay G, Michel C, Blottiere HM, Cherbut C (1999)
- 3 Prolonged intake of fructo-oligosaccharides induces a
- 4 short-term elevation of lactic acid-producing bacteria and a
- 5 persistent increase in cecal butyrate in rats. *J Nutr* 129(12):
- 6 2231-2235
- 7 29. Wang Z, Xiao G, Yao Y, Guo S, Lu K, Sheng Z (2006) The
- 8 role of bifidobacteria in gut barrier function after thermal
- 9 injury in rats. *J Trauma* 61: 650-657
- 10 30. Wang Z, Yao Y, Xiao G, Sheng Z (2004) Risk factors of
- 11 development of gut-derived bacterial translocation in
- 12 thermally injured rats. *World J Gastroenterol* 10: 1619-1624
- 13 31. EI-Nezami H, Polychronaki N, Salminen S, Mykkanen H
- 14 (2002) Binding rather than metabolism may explain the
- 15 interaction of two food grade *Lactobacillus* strains with
- 16 zearalenone and its derivative (‘) alpha-earalenol. *Appl*
- 17 *Environ Microbiol* 68: 3545-3549
- 18 32. Lamine F, Eutamene H, Fioramonti J, Bueno L, Theodorou
- 19 V (2004) Colonic responses to *Lactobacillus farciminis*
- 20 treatment in trinitrobenzene sulphonic acid-induced colitis
- 21 in rats. *Scand J Gastroenterol* 39: 1250-1258
- 22 33. Gardier KR, Erwin PJ, Anderson NH, McCaigue MD,
- 23 Halliday MI, Rowlands BJ (1995) Lactulose as an
- 24 antiendotoxin in experimental colitis. *Brit J Surg* 82:
- 25 469-472

- 1 34. Holma R, Juvonen P, Asmawi MZ, Vapaatalo H, Korpela R  
2 (2002) Galacto-oligosaccharides stimulate the growth of  
3 bifidobacteria but fail to attenuate inflammation in  
4 experimental colitis in rats. *Scand J Gastroenterol* 37:  
5 1042-1047
- 6 35. Hosono A, Ozawa A, Kato R, Ohnishi Y, Nakanishi Y,  
7 Kimura T, Nakamura R (2003) Dietary  
8 fructooligosaccharides induce immunoregulation of  
9 intestinal IgA secretion by murine Peyer's patch cells.  
10 *Biosci Biotechnol Biochem* 67(4): 758-764
- 11 36. Barcelo A, Claustre J, Moro F, Chayvialle JA, Cuber JC,  
12 Plaisancie P (2000) Mucin secretion is modulated by  
13 luminal factors in the isolated vascularly perfused rat colon.  
14 *Gut* 46(2): 218-224
- 15 37. Finnie I, Dwarakanath A, Taylor B, Rhodes J (1995)  
16 Colonic mucin synthesis is increased by sodium butyrate.  
17 *Gut* 36: 93-99
- 18 38. Toden S, Bird AR, Topping DL, Conlon MA (2007)  
19 Dose-dependent reduction of dietary protein-induced  
20 colonocyte DNA damage by resistant starch in rats  
21 correlates more highly with caecal butyrate than with other  
22 short chain fatty acids. *Cancer Biol Ther* 6(2): 253-258



1 Table 1  
2 Criteria for assessment of macroscopic damage score

3	4	5
	Score	Criteria
5	0	No damage
6	1	Hyperemia, no ulcers
7	2	Linear ulcer with no significant inflammation
8	3	Linear ulcer with inflammation at one site
9	4	Two or more sites of ulceration/inflammation
10	5	Two or more sites of ulceration and
11		inflammation or one site of
12		ulceration/inflammation extending >1 cm along
13		the length of the colon
14	6-10	If damage covers >2 cm along the length of
15		colon, the score is increased by 1 for each
16		additional centimeter of involvement

17  
18  
19

1 Table 2  
 2 Food intake and body weight gain, and cecal concentrations of organic acids,  
 3 mucin and IgA in rats fed the respective diet for 7d (experiment 1)  
 4

	Control	DP4 <sup>1</sup>	DP8
6 Food intake, g/7 d	118.8 ± 2.4 <sup>b</sup>	100.2 ± 2.4 <sup>a</sup>	99.1 ± 2.9 <sup>a</sup>
7 Body weight gain, g/7 d	29.9 ± 1.5 <sup>b</sup>	24.1 ± 1.7 <sup>ab</sup>	21.2 ± 1.8 <sup>a</sup>
8 Cecum			
9 Tissue, g	0.4 ± 0.0 <sup>a</sup>	1.0 ± 0.1 <sup>b</sup>	1.0 ± 0.0 <sup>b</sup>
10 Contents, g	1.7 ± 0.0 <sup>a</sup>	3.5 ± 0.3 <sup>b</sup>	3.0 ± 0.1 <sup>b</sup>
11 pH	7.4 ± 0.1 <sup>b</sup>	6.0 ± 0.1 <sup>a</sup>	5.9 ± 0.1 <sup>a</sup>
12 Organic acids, µmol/g			
13 Acetate	38 (31-53)	20 (9-89)	30 (16-80)
14 Propionate	14 (11-15) <sup>a</sup>	22 (14-82) <sup>b</sup>	21 (11-59) <sup>ab</sup>
15 n-Butyrate	3 (2-3) <sup>a</sup>	6 (2-25) <sup>ab</sup>	15 (9-27) <sup>b</sup>
16 Total SCFA <sup>2</sup>	54 (48-67)	49 (26-196)	61 (45-164)
17 Lactate	0 (0-18) <sup>a</sup>	38 (13-102) <sup>b</sup>	24 (0-127) <sup>b</sup>
18 Succinate	16 ± 5	16 ± 5	26 ± 6
19 Mucin, µmol/g	0.4 ± 0.0 <sup>a</sup>	0.7 ± 0.1 <sup>b</sup>	1.2 ± 0.2 <sup>c</sup>
20 IgA, µg/g	132.8 ± 23.8 <sup>a</sup>	793.5 ± 169.3 <sup>b</sup>	542.3 ± 99.7 <sup>b</sup>

21  
 22 Data are expressed as mean ± SE or median (range), n=8. Values not sharing a common superscript letter are  
 23 significantly different when analyzed by the Tukey-Kramer test (parametric data) or the Steel-Dwass test  
 24 (non-parametric data).

25 <sup>1</sup>Degree of polymerization. <sup>2</sup>Sum of acetate, propionate and n-butyrate.

1 Table 3

2 Cecal concentrations of organic acids, mucin and IgA, and fecal concentrations of mucin and IgA  
 3 in rats fed the experimental diets at 10d after TNBS administration (experiment 2)

	Control	DP4 <sup>1</sup>	DP8
6 Cecum			
7 Tissue, g	0.5 ± 0.0 <sup>a</sup>	0.9 ± 0.0 <sup>b</sup>	0.9 ± 0.0 <sup>b</sup>
8 Contents, g	1.9 ± 0.1 <sup>a</sup>	4.3 ± 0.3 <sup>b</sup>	4.9 ± 0.2 <sup>b</sup>
9 pH	7.8 ± 0.1 <sup>b</sup>	7.4 ± 0.1 <sup>a</sup>	7.3 ± 0.1 <sup>a</sup>
10 Organic acids, μmol/g			
11 Acetate	60 ± 8	52 ± 9	57 ± 3
12 Propionate	46 (11-58) <sup>ab</sup>	26 (20-75) <sup>b</sup>	19 (15-25) <sup>a</sup>
13 n-Butyrate	8 (2-15)	9 (7-20)	7 (5-9)
14 Total SCFA <sup>2</sup>	105 ± 17	102 ± 14	83 ± 5
15 Lactate	0	0	0
16 Succinate	13 ± 4	23 ± 4	20 ± 7
17 Mucin, μmol/g	0.4 ± 0.1	0.5 ± 0.0	0.5 ± 0.0
18 IgA, μg/g	103 ± 9	55 ± 4	61 ± 6
19 Feces			
20 Mucin, μmol/g	1.2 ± 0.1 <sup>a</sup>	1.6 ± 0.2 <sup>ab</sup>	2.0 ± 0.2 <sup>b</sup>
21 IgA, μg/g	79 ± 23	64 ± 18	47 ± 11

22 The data are expressed as mean ± SE or median (range), n=8. Values not sharing a common superscript letter are  
 23 significantly different when analyzed by the Tukey-Kramer test (parametric data) or the Steel-Dwass test  
 24 (non-parametric data). <sup>1</sup>Degree of polymerization. <sup>2</sup>Sum of acetate, propionate and n-butyrate.

## Figure legend

Figure 1.

Changes in portal endotoxin concentration (a) and bacterial translocation to MLN (b) in rats post-TNBS administration

Data are expressed as mean  $\pm$  SE (n=5).

N.D.: not detected.

Figure 2.

Changes in body weight (a) and daily food intake (b) in rats fed the respective diets pre- and post-TNBS administration

Data are expressed as mean  $\pm$  SE (n=8).

\* P<0.05 vs. DP4. †P<0.05 vs. DP8.

Figure 3.

Portal endotoxin concentration (a) and bacterial translocation to MLN (b) in rats fed the respective diets at 3 d post-TNBS administration

Data are expressed as mean  $\pm$  SE, values with different superscript letters are significantly different when analyzed by one-way ANOVA, followed by Tukey Kramer.

Figure 4.

Macroscopic damage score (a), relative colon weight (b) and MPO activity (c) in rats fed the respective diets at 10 d post-TNBS administration

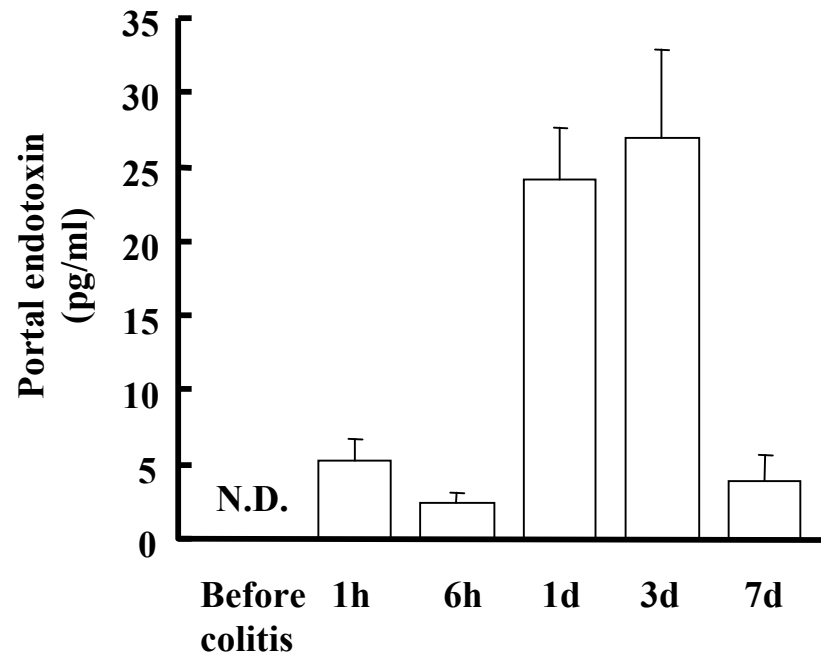
Data are expressed as mean  $\pm$  SE (n=8), values with different superscript letters are significantly different when analyzed by one-way ANOVA, followed by Tukey Kramer.

Figure 5.

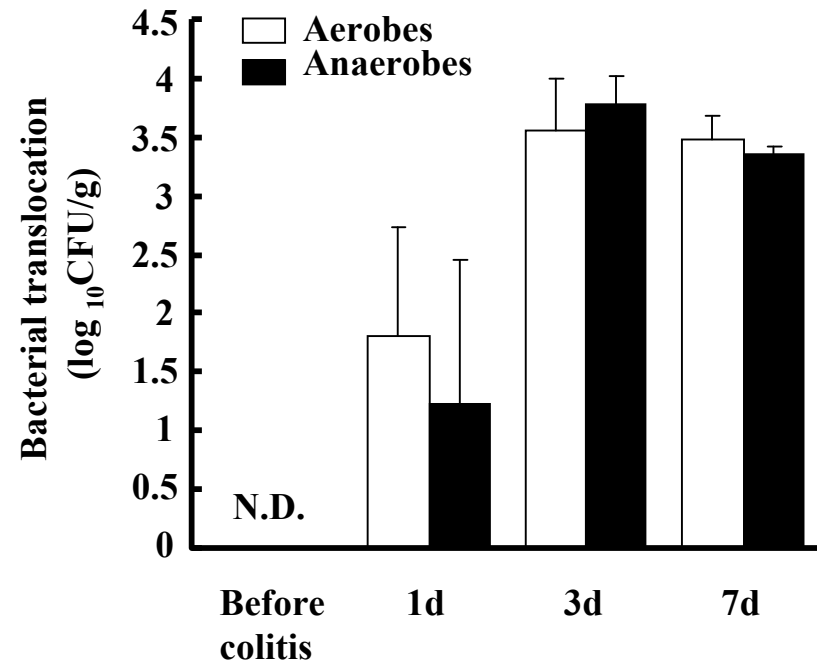
Histological appearance of colonic lesions in rats fed the respective diets at 10 d post-TNBS administration

a, control; b, DP4; c, DP8

**a**

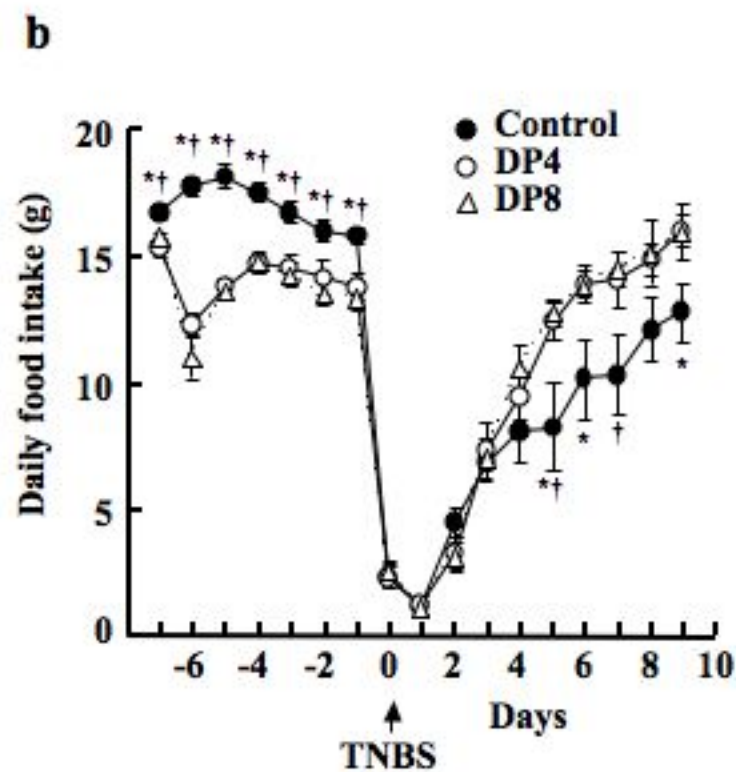
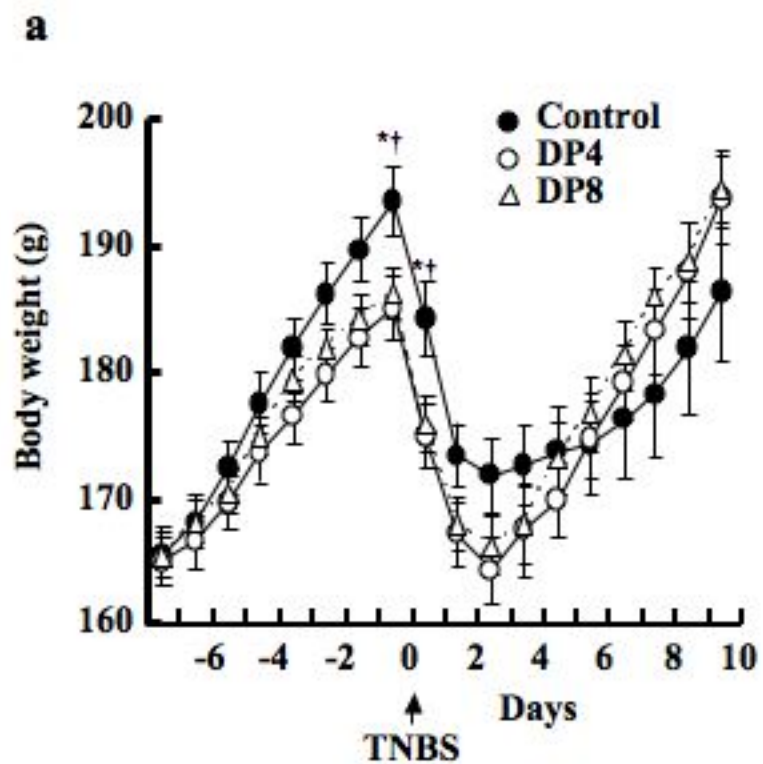


**b**



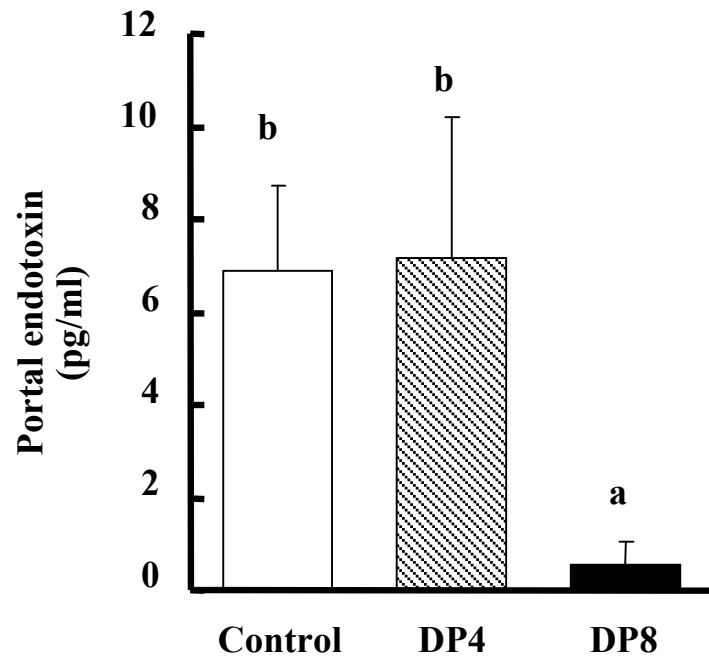
**Fig.1**



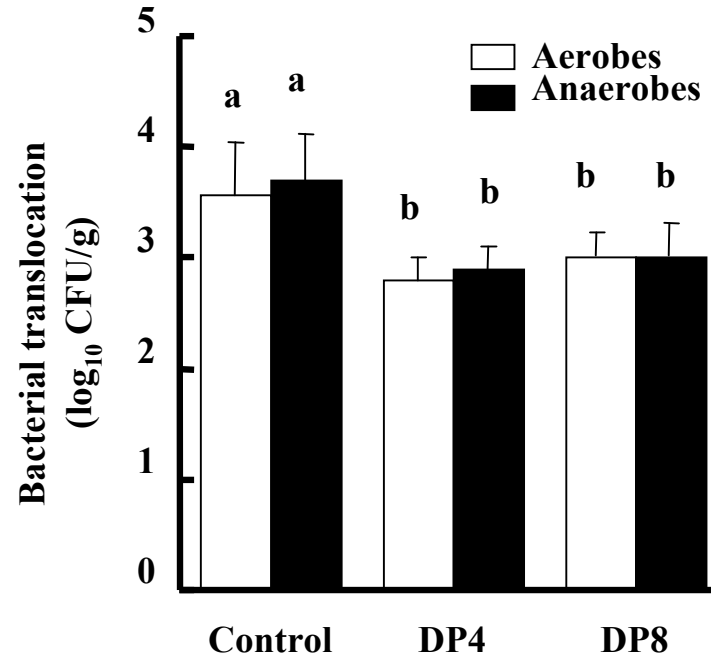


**Fig.2**

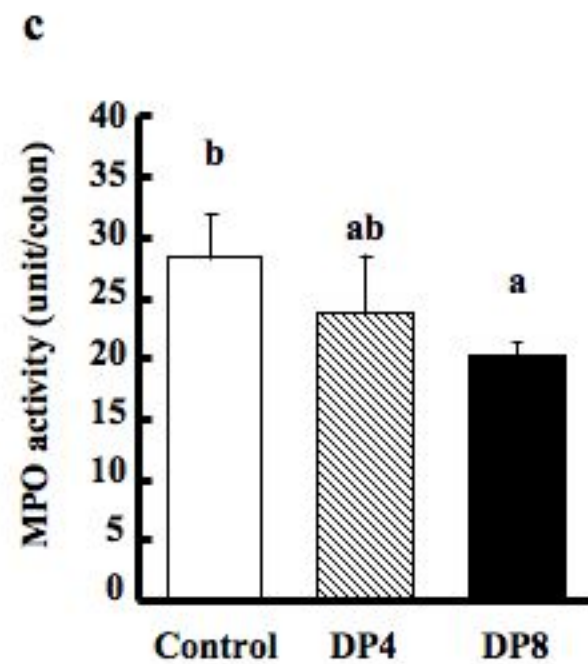
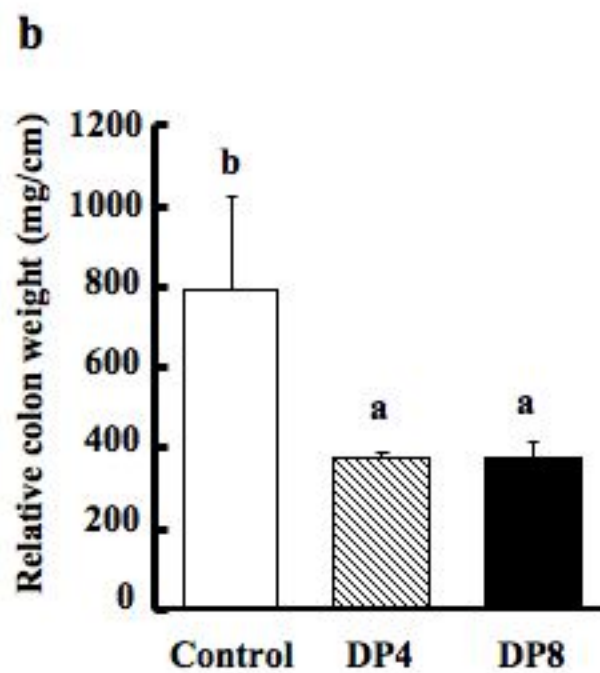
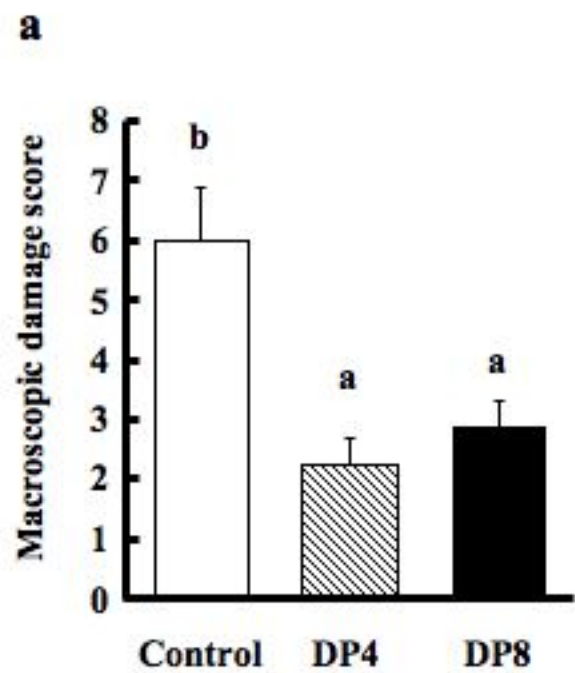
**a**



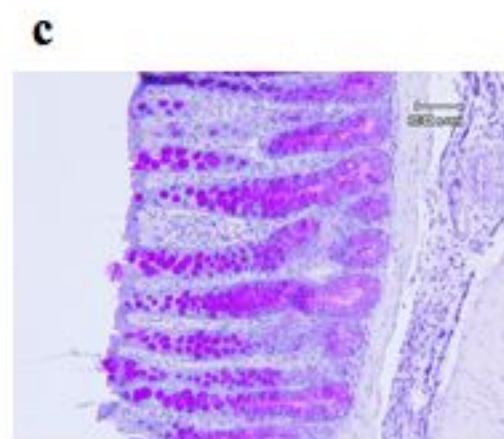
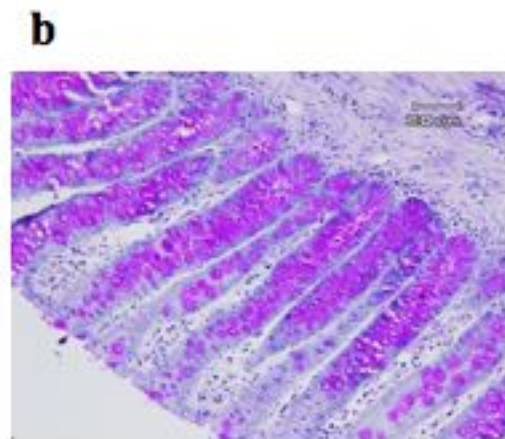
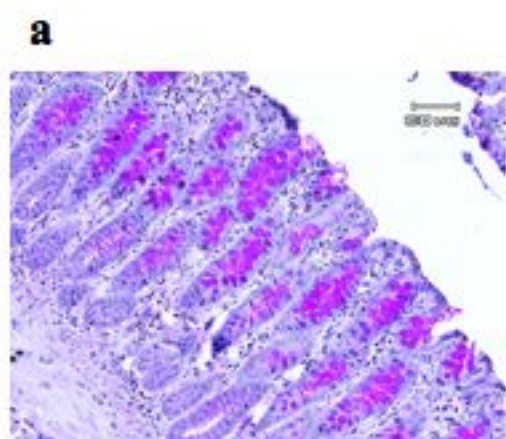
**b**



**Fig.3**



**Fig.4**



**Fig.5**