

脆弱性を前提とした「主体」をめぐる言説分析： 再就労するうつ病経験者の語りから

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Discourse analysis about subject with vulnerability to mental stress
—Narratives of people who had experienced depression and have returned to work—

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This study used discourse analysis to explore the way in which people talked their experience of depression and their vulnerability to mental stress. In modern Japanese society, especially workplace, mental toughness or resilience is so valuable that major EAP companies commercialize training to strengthen stress tolerance. Some books and websites, however, were recently paid public attention. The writers have returned to work and told their vulnerability as unchangeable condition of their life. I examined sociological implication of their narratives in terms of Psy-science and Subjectivity in Nikolas Rose.