

## XI English Counselling

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## XI English Counselling

Vipin Kumar Deo

### 1 Purpose

Based upon personal observation and request from Colleagues, Staff, and Students, started counselling session program at Shizuoka University. The main purpose is to improve communication skills in English Language in Speaking, Listening, and Writing. As more educational programs with increase in foreign students a need for effective communication shall arise. At SUOIC there is no such initiative, hence the counselling session program provide opportunities to everyone to practice the Speaking, Listening, and Writing skills.

### 2 Means

A 30-minute session (wherein the primary issue is of writing, speaking, and listening) is given to each applicant with encouragement and advice to improve their skills. We use voice recorders and video camera to record sessions with the permission of the attendee. The information is later analyzed with the attendee and shared for improvement. The analysis included re-looking at the sessions recorded information and providing the corrections at each step. The sessions have shown the student's initial shyness or embarrassment in front of others, which is the main cause for the inability to perform. Hence, one-on-one sessions is more beneficial to attendee. Because of the sessions, the abrupt shyness decreased and with proper encouragement in the sessions like providing correct pronunciation or proper phrases in written material, many students, staff, and faculty members have shown improvement.

### 3 Result

Many of these students, staff, and faculty members have utilized the sessions and published or presented successfully at international symposiums or journals. For 2nd semester of 2022 1 students came many times (10 times approximately). She gained confidence and at present is at University of Alberta under an exchange program for 10 months.

**Table 1: Showing the number of people attending English Counselling Sessions from April 2022- March 2023.**

Under-graduate/Graduate/ staff	Faculty	Number of Students	Comment
2 <sup>nd</sup> year under-graduate student	Humanities and Social Sciences, Department of Languages	1	Discussion of books, tips for video presentation, Improve the pronunciation, and the way of expressing opinions. Also, learn how to explain and express opinions logically. At Present a exchange student in University of Alberta
Faculty	Global, SUOIC	2	Publish materials

The experience from providing support in Counselling sessions have proved to be effective. In a one-on-one session, the initial inhibition of the attendee is less, and using tools like a voice recorder or video recording of the presentation with pointers on improvement is productive. Many new students who are planning to be exchange students are ideal for such sessions; as a result, the number of students is less.

#### 4 Future Scope

Further publicity of the counselling sessions is needed at different Faculties so that more people can improve their skills. We need to attach these sessions with exchanges student program at Shizuoka University.