

若者を読み解く：社会心理学的接近

メタデータ	言語: jpn 出版者: 公開日: 2009-10-07 キーワード (Ja): キーワード (En): 作成者: 諸井, 克英 メールアドレス: 所属:
URL	https://doi.org/10.14945/00003896

Interpreting the Adolescent Behavior: A Socio-Psychological Perspective

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The present study examined the social-skill-deficits-in-adolescence hypothesis. Young people seem to prefer superficial relationships to close relationships. It is inferred that social skill deficits underlie these preferences. Then, various behavior the adolescent displays was examined in terms of the discrepancy model of loneliness. Apparently, such a behavior was consistent with the-social-skill-deficits-in-adolescence hypothesis. However, to date, there seems to be no experiential study which supports this hypothesis. Therefore, further research is needed to explore the psychological mechanism of such a behavior in adolescence.